

Amendments to the Claims:

The listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (Currently amended) A device for inhibiting melatonin ~~suppressing~~ suppression ~~by~~ light comprising: means for selectively blocking more than 50 percent of incident wavelengths of light having a wavelength range less than at or about 530 nm, while transmitting more than 50 percent of non-blocked wavelengths of light, wherein the device inhibits the light-induced suppression of melatonin production by light exposure when ~~worn~~ used at night.

2. (Previously presented) A device according to claim 1, wherein the means for selectively blocking light is an optical filter.

3. (Original) A device according to claim 2, comprising the optical filter which includes a polarizing layer.

Claims 4-7 (Cancelled)

8. (Original) A device according to claim 1, wherein the device further comprises an ultraviolet light absorber.

9. (Currently amended) A device according to claim ~~[[1]]~~ 2, comprising at least one of eyewear, a lightbulb, a light cover and a lens.

10. (Currently amended) A lens operable by a user who is exposed to ~~melatonin~~ ~~suppressing~~ light at peak melatonin production times at night, the lens comprising an optical filter operable to selectively block more than 50 percent of incident

wavelengths of light having a wavelength range less than at or about 530 nm, while transmitting more than 50 percent of non-blocked wavelengths of light, wherein the lens inhibits the suppression of melatonin production ~~of the melatonin-suppressing~~ by light when used at peak melatonin production times.

11. (Original) A lens according to claim 10, wherein the lens is incorporated in eyewear.

12. (Original) A lens according to claim 11, wherein the eyewear is selected from the group consisting of spectacles, goggles, contact lenses and safety glasses.

13. (Currently Amended) A light device comprising an optical filter operable to selectively block more than 50 percent of incident wavelengths of light from the light device having a wavelength ~~capable of suppressing~~ that suppresses melatonin production in a human of less than at or about 530 nm, while transmitting more than 50 percent of non-blocked wavelengths of light.

14. (Original) A light device according to claim 13, wherein the light device is chosen from an incandescent light source, a fluorescent light source or any other artificial light source.

15. (Original) A light device according to claim 13, wherein the optical filter is a coating on at least one surface of the device.

16. (Currently amended) A light cover for use with a light device, the cover comprising: an optical filter operable to selectively block more than 50 percent of incident wavelengths of light from the light device having a wavelength ~~capable of suppressing~~ that suppresses melatonin production in a human of less than at or about 530 nm, while transmitting more than 50 percent of non-blocked wavelengths

of light, the cover being operable to releasably attach to the light source to channel the light emitted from the light source therethrough.

17. (Currently amended) A method for inhibiting ~~suppression of~~ melatonin ~~suppression by light production~~ in a human comprising providing the device according to claim 2 during peak melatonin production times thereby selectively blocking more than 50 percent of incident wavelengths of light having a wavelength range less than at or about 530 nm, while transmitting more than 50 percent of non-blocked wavelengths of light ~~for the suppression of melatonin production in a human~~, the device being operable to selectively block light, having a wavelength range less than at or about 530 nm, from reaching the retina in a human for inhibiting melatonin suppression by light.

18. (Currently amended) A method for ~~preventing suppression~~ inhibiting melatonin ~~production suppression by light~~ in a human comprising providing the device according to claim 1, during peak melatonin production times thereby selectively blocking more than 50 percent of incident wavelengths of light having a wavelength range less than at or about 530 nm, while transmitting more than 50 percent of non-blocked wavelengths of light ~~for preventing suppression of melatonin production in a human~~, the device being operable to selectively block light, having a wavelength range less than at or about 530 nm, from reaching the retina in a human for inhibiting melatonin suppression by light.

19. (Currently amended) A device for inhibiting melatonin ~~suppressing~~ suppression by light comprising: means for selectively blocking more than 50 percent of incident wavelengths of light having a wavelength that suppresses melatonin production in a human and is less than at or about 530 nm, while transmitting more than 50 percent of non-blocked wavelengths of light, wherein the device inhibits ~~the suppression of melatonin production~~ melatonin suppression by light exposure when worn at night.

20. (Previously presented) A device according to claim 19, wherein the means for selectively blocking light is an optical filter.

21. (Currently amended) A device according to claim ~~[[19]]~~ 20, comprising at least one of eyewear and a lens.

22. (Currently amended) A lens operable by a user who is exposed to ~~melatonin suppressing~~ light at peak melatonin production times, the lens comprising an optical filter operable to selectively block more than 50 percent of incident wavelengths of light having a wavelength that suppresses melatonin production in a human and is less than at or about 530 nm, while transmitting more than 50 percent of non-blocked wavelengths of light, wherein the lens inhibits ~~the suppression of melatonin production~~ melatonin suppression by the ~~melatonin suppressing~~ light when used at peak melatonin production times at night.

23. (Previously presented) A lens according to claim 22, wherein the lens is incorporated into eyewear.

24. (Previously presented) A lens according to claim 23, wherein the eyewear is selected from the group consisting of spectacles, goggles, contact lenses and safety glasses.

25. (Currently amended) A method for inhibiting ~~suppression of melatonin production~~ melatonin suppression by light in a human comprising providing the device according to claim 19 during peak melatonin production times thereby selectively blocking more than 50 percent of incident wavelengths of light having a wavelength that suppresses melatonin production in a human and is less than at or about 530 nm, while transmitting more than 50 percent of non-blocked wavelengths of light, the device being operable to selectively block light having a wavelength

that suppresses melatonin production in a human, and is less than at or about 530 nm, from reaching the retina in a human.

26. (Currently amended) A method for inhibiting ~~suppression of melatonin production~~ melatonin suppression by light in a human comprising providing the lens according to claim 22 during peak melatonin production times thereby selectively blocking more than 50 percent of incident wavelengths of light having a wavelength that suppresses melatonin production in a human and is less than at or about 530 nm, while transmitting more than 50 percent of non-blocked wavelengths of light, the lens being operable to selectively block light having a wavelength that suppresses melatonin production in a human, and is less than at or about 530 nm, from reaching the retina in a human.